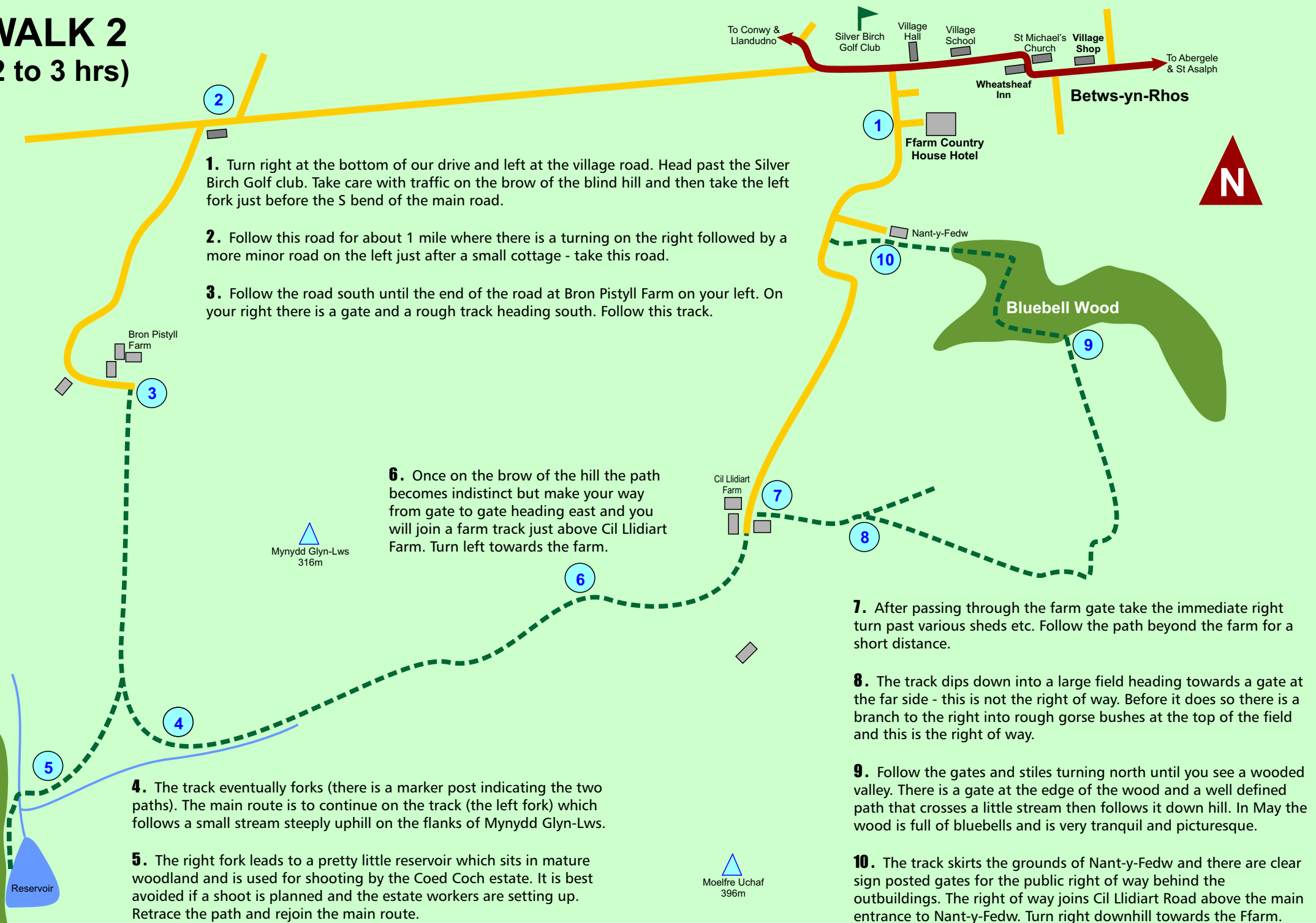


WALK 2

(2 to 3 hrs)



1. Turn right at the bottom of our drive and left at the village road. Head past the Silver Birch Golf club. Take care with traffic on the brow of the blind hill and then take the left fork just before the S bend of the main road.

2. Follow this road for about 1 mile where there is a turning on the right followed by a more minor road on the left just after a small cottage - take this road.

3. Follow the road south until the end of the road at Bron Pistyll Farm on your left. On your right there is a gate and a rough track heading south. Follow this track.

6. Once on the brow of the hill the path becomes indistinct but make your way from gate to gate heading east and you will join a farm track just above Cil Lliadiart Farm. Turn left towards the farm.

4. The track eventually forks (there is a marker post indicating the two paths). The main route is to continue on the track (the left fork) which follows a small stream steeply uphill on the flanks of Mynydd Glyn-Lws.

5. The right fork leads to a pretty little reservoir which sits in mature woodland and is used for shooting by the Coed Coch estate. It is best avoided if a shoot is planned and the estate workers are setting up. Retrace the path and rejoin the main route.

7. After passing through the farm gate take the immediate right turn past various sheds etc. Follow the path beyond the farm for a short distance.

8. The track dips down into a large field heading towards a gate at the far side - this is not the right of way. Before it does so there is a branch to the right into rough gorse bushes at the top of the field and this is the right of way.

9. Follow the gates and stiles turning north until you see a wooded valley. There is a gate at the edge of the wood and a well defined path that crosses a little stream then follows it down hill. In May the wood is full of bluebells and is very tranquil and picturesque.

10. The track skirts the grounds of Nant-y-Fedw and there are clear sign posted gates for the public right of way behind the outbuildings. The right of way joins Cil Lliadiart Road above the main entrance to Nant-y-Fedw. Turn right downhill towards the Ffarm.